

OCT. '18

**INSPIRATION FOR YOU!**

I promise you that as you prepare your spirit and come with the anticipation that you will hear the voice of the Lord, thoughts and feelings will come into your mind that are customized especially for you.

ELDER NEIL L. ANDERSEN

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THE CHURCH OF  
**JESUS CHRIST**  
OF LATTER-DAY SAINTS

*General Conference*  
**NOTEBOOK**

YOUR GUIDE TO PREPARE FOR AND LEARN FROM GENERAL CONFERENCE

A SUPPLEMENT TO THE *NEW ERA*

**DON'T LEAVE HOME WITHOUT IT!**  
 Make sure to keep track of this notebook so you can study the words of Church leaders and add your personal notes during seminary and Church classes.

**FOR THE FIRST**  
 time the general women's session will be held following the Saturday morning and afternoon sessions!

**NEED MORE COPIES?**  
 You can download and print this notebook at [newera.lds.org](http://newera.lds.org).

**WATCH IT LIVE!**

**SATURDAY, OCTOBER 6**

MORNING SESSION:  
10AM MDT

AFTERNOON SESSION:  
2PM MDT

GENERAL WOMEN'S SESSION:  
6PM MDT

**SUNDAY, OCTOBER 7**

MORNING SESSION:  
10AM MDT

AFTERNOON SESSION:  
2PM MDT

**MY CONFERENCE NOTEBOOK**

**SHARE YOUR NOTES**

Use the hashtag [#ldsconf](https://twitter.com/ldsconf).

Send a direct message to [@LDSyouth](https://www.instagram.com/LDSyouth) on Instagram.

Email them to [newera@ldschurch.org](mailto:newera@ldschurch.org).



**WAYS TO PARTICIPATE**

lds.org; Mormon Channel on YouTube, website, or app; BYUtv; at the Conference Center

**conference.lds.org**

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COVER BACKGROUND AND POINTING HAND ILLUSTRATION FROM GETTY IMAGES



**GENERAL CONFERENCE IS JUST AROUND THE CORNER. SO LET'S PREPARE TO BE UPLIFTED, CHALLENGED, AND INSPIRED.**

As you *prepare for* conference, *listen during* conference, and *study after* conference, you will strengthen your testimony and draw closer to Heavenly Father and the Savior. This general conference notebook will help you record promptings, take notes, and write down things you plan to do.

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## THE FIRST PRESIDENCY

*Sustained January 14, 2018.*



**PRESIDENT  
DALLIN H. OAKS**  
1st Counselor

*sustained as an Apostle: 1984*



**PRESIDENT  
RUSSELL M. NELSON**  
*President of the Church*

*sustained as an Apostle: 1984*



**PRESIDENT  
HENRY B. EYRING**  
2nd Counselor

*sustained as an Apostle: 1995*

## THE QUORUM OF THE TWELVE APOSTLES



**PRESIDENT  
M. RUSSELL BALLARD**  
*sustained: 1985*



**ELDER  
JEFFREY R. HOLLAND**  
*sustained: 1994*



**ELDER  
DIETER F. UCHTDORF**  
*sustained: 2004*



**ELDER  
DAVID A. BEDNAR**  
*sustained: 2004*



**ELDER  
QUENTIN L. COOK**  
*sustained: 2007*



**ELDER  
D. TODD CHRISTOFFERSON**  
*sustained: 2008*



**ELDER  
NEIL L. ANDERSEN**  
*sustained: 2009*



**ELDER  
RONALD A. RASBAND**  
*sustained: 2015*



**ELDER  
GARY E. STEVENSON**  
*sustained: 2015*



**ELDER  
DALE G. RENLUND**  
*sustained: 2015*



**ELDER  
GERRIT W. GONG**  
*sustained: 2018*



**ELDER  
ULISSES SOARES**  
*sustained: 2018*

## What do General Auxiliary leaders do?

General Auxiliary leaders have the specific responsibility to oversee the organizations and programs for the members they are called to serve. They travel the world training local leaders and working with them to learn more about their communities and the needs of the people. They also get to know the members by making individual home visits. General Auxiliary leaders represent their auxiliary members by serving on Church leadership councils, executive committees, and boards. They also contribute ideas to Church messaging and help review Church materials, such as *Come Follow Me*. These faithful leaders work hard to make sure the needs of all of God's children are met.

BACKGROUND FROM GETTY IMAGES

## YOUNG WOMEN GENERAL PRESIDENCY



**SISTER  
MICHELLE D. CRAIG**  
1st Counselor



**SISTER  
BONNIE H. GORDON**  
President



**SISTER  
BECKY CRAVEN**  
2nd Counselor

## YOUNG MEN GENERAL PRESIDENCY



**BROTHER  
DOUGLAS D. HOLMES**  
1st Counselor



**BROTHER  
STEPHEN W. OWEN**  
President



**BROTHER  
M. JOSEPH BROUGH**  
2nd Counselor

## RELIEF SOCIETY GENERAL PRESIDENCY



**SISTER  
SHARON L. EUBANK**  
1st Counselor



**SISTER  
JEAN B. BINGHAM**  
President



**SISTER  
REYNA I. ABURTO**  
2nd Counselor

## PRIMARY GENERAL PRESIDENCY



**SISTER  
LISA L. HARKNESS**  
1st Counselor



**SISTER  
JOY D. JONES**  
President



**SISTER  
CRISTINA B. FRANCO**  
2nd Counselor

## SUNDAY SCHOOL GENERAL PRESIDENCY



**BROTHER  
DEVIN G. DURRANT**  
1st Counselor



**BROTHER  
TAD R. CALLISTER**  
President



**BROTHER  
BRIAN K. ASHTON**  
2nd Counselor



Preparation  
**STARTS HERE.**

- REVIEW MY NOTES FROM LAST CONFERENCE.
- PRAY FOR THE CONFERENCE SPEAKERS.
- WRITE DOWN QUESTIONS I WANT TO HAVE ANSWERED.
- IDENTIFY TOPICS I'M INTERESTED IN.

General conference is a great way to get inspiration and guidance. You'll have an even better experience when you prepare in advance to receive personal revelation. Start preparing!

# Q&A:

It's hard to get answers when we don't ask questions. So let's brainstorm! Think about what questions you have in your life. What do you want to understand a little better? Write them down. Then record your answers and impressions during conference.

MY QUESTION:

ANSWER:

MY QUESTION:

ANSWER:

MY QUESTION:

ANSWER:

MY QUESTION:

ANSWER:

# TOPICS THAT INTEREST YOU

What topics have you been thinking about? What would you like to hear during general conference? Write down some topics or phrases that are interesting to you or that you want to learn more about. During conference, pay attention to how they are mentioned. It's a great way to learn, and you'll have a collection of resources to use in the future.

**WE CAN PRAY TO OUR HEAVENLY FATHER AND RECEIVE GUIDANCE AND DIRECTION, BE WARNED ABOUT DANGERS AND DISTRACTIONS, AND BE ENABLED TO ACCOMPLISH THINGS WE SIMPLY COULD NOT DO ON OUR OWN.**

President Russell M. Nelson



Write  
**INSPIRATION  
DOWN.**

PHOTOGRAPH BY GETTY IMAGES

Now that conference is finally here, listen for answers. Write down promptings, look for promised blessings, and pay extra attention to things you feel impressed to work on. Jot down quotes that inspire you, and take note of those messages that really stick out to you.

## NOTES:

FAVORITE QUOTE:

MONTH  
1 2 3 4 5 6 7 8 9 10 11 12

SESSION  
1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> 4<sup>th</sup> 5<sup>th</sup>

MEEETING TYPE  
general | general women's session | general priesthood session

# NOTES:

**REVELATION IS A REALITY. IT COMES IN THE LORD'S WAY AND ACCORDING TO THE LORD'S TIMETABLE.**

President Dallin H. Oaks

MONTH  
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SESSION  
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3<sup>RD</sup>  
4<sup>TH</sup>  
5<sup>TH</sup>

MEETING TYPE  
general | general women's session | general priesthood session

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

# NOTES:

**IF YOU ASK WITH REAL INTENT AND WITH FAITH IN  
JESUS CHRIST FOR INSPIRATION, YOU WILL RECEIVE IT IN  
THE LORD'S WAY AND IN HIS TIME.**

President Henry B. Eyring

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:



# NOTES:

**SIMPLE ACTS OF SERVICE CAN HAVE PROFOUND EFFECTS ON OTHERS—AS WELL AS ON OURSELVES.**

Jean B. Bingham, Relief Society General President

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

# NOTES:

**WE CAN COME TO KNOW THE LORD AND TRUST HIM  
AS WE “FEAST UPON THE WORDS OF CHRIST.”**

Bonnie H. Cordon, Young Women General President

MONTH  
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SESSION  
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3<sup>rd</sup>  
4<sup>th</sup>  
5<sup>th</sup>

METING TYPE  
general | general women's session | general priesthood session

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

# NOTES:

MONTH  
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SESSION  
1<sup>st</sup>  
2<sup>nd</sup>

3<sup>rd</sup>

4<sup>th</sup>

5<sup>th</sup>

MEETING TYPE  
general | general women's session | general priesthood session

**GUIDANCE IS GIVEN IN THE LORD'S TIME, LINE UPON LINE  
AND PRECEPT UPON PRECEPT.**

Elder Quentin L. Cook

**PROMISED BLESSINGS:**

**WHAT WILL I DO NOW?**

**FAVORITE QUOTE:**

# NOTES:

**REVELATION ALMOST ALWAYS COMES IN  
RESPONSE TO A QUESTION.**

Elder Jeffrey R. Holland

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

# NOTES:

## THE SPIRIT OF REVELATION IS REAL—AND CAN AND DOES FUNCTION IN OUR INDIVIDUAL LIVES AND IN THE CHURCH.

Elder David A. Bednar

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

# NOTES:

**YOU CAN LEARN FOR YOURSELF—RIGHT NOW AT YOUR AGE—  
HOW TO RECEIVE PERSONAL REVELATION. AND NOTHING WILL  
MAKE A BIGGER DIFFERENCE IN YOUR LIFE THAN THAT!**

President Russell M. Nelson

**PROMISED BLESSINGS:**

**WHAT WILL I DO NOW?**

**FAVORITE QUOTE:**

**ACTION PLAN:**

- 1. HELP MY FRIEND WITH MATH HOMEWORK.
- 2. ATTEND THE TEMPLE MORE OFTEN.

**THEMES:**

- MINISTERING
- RECEIVING REVELATION
- STUDYING THE BOOK OF MORMON

Inspiration  
**RECEIVED.**

(WHAT ARE YOU GOING TO DO WITH IT?)

**GOALS**

HOW WILL I  
IMPROVE?

Now that conference has wrapped up, what's next? Did you feel inspired to change or do something different in your life? Take some time to organize your thoughts, prepare a plan, and then act on it.

# THEMES

## YOU NOTICED

What stuck out to you the most? Write down some of these themes, and think about what they mean personally for you and your life.

THEME:



MENTIONED BY:

WHAT I LEARNED:

THEME:



MENTIONED BY:

WHAT I LEARNED:

# WHAT I WILL DO

After conference, take some time to review your notes. Write down what you feel inspired to do or make a list of goals you want to work on.

A large writing area on page 28 featuring light blue horizontal lines. A vertical dashed red line runs down the center of the page, dividing it into two columns. The top of the page has a decorative orange scalloped border.

## MY TESTIMONY

*How did my testimony grow during this conference?*

A large writing area on page 29 with a light beige background and a grid of small red dots. The area is enclosed in a red border with rounded corners. At the top, there is a dark red header box containing the text 'MY TESTIMONY' and a light beige box containing the question 'How did my testimony grow during this conference?'.